

By and for adults with  
learning disabilities  
and/or autism



Portcullis House  
Old Hakin Road  
Merlin's Bridge,  
Haverfordwest  
Pembrokeshire  
SA61 1XE

registered charity # 1091201

# Advocacy

## How we can help



We will talk and listen to  
you to find out what you  
want and how you feel



We will find information to  
help you make choices



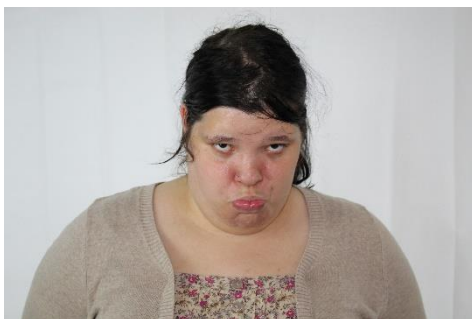
We can help you talk to  
other people or groups for  
you



## What you need to know



We do not work for Social Services or the NHS



We will help you get your voice heard about things you are not happy with in your life



We will ask you if you want our help. It is okay to say yes or no.



We will only talk to other people when you want us to or if you or someone you know might get hurt



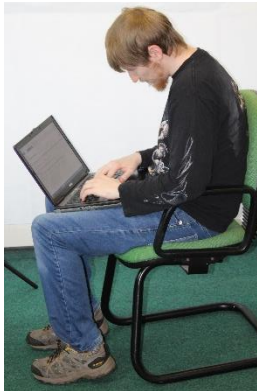
You can ask to see the notes we make about you at any time



If you are unhappy with any part of your advocacy report please let us know



We will try to sort out what you are unhappy about



[advocate@pembrokeshirepeople1st.org.uk](mailto:advocate@pembrokeshirepeople1st.org.uk)



Phone **01437 762524** and ask to talk to an **advocate**